

My sexual health patient passport

for anyone who needs extra help to attend a Sexual Health Hounslow clinic



I keep this with my hospital passport and bring them both with me when I go to the sexual health clinic.

It has some questions I might be asked at the sexual health clinic.

I can write down the answers before I come and get help if I need to.

At the end, there is space for me to write any questions I have.

What happens when you visit the sexual health clinic?



Go to the Reception Desk and tell the member of staff your name and the time of your appointment.



The member of staff will ask you to sit down in the waiting area and wait to be called.

If it is too noisy or busy for you – ask if you can wait somewhere quieter.



You are very welcome to bring someone to the clinic with you, if that would help to make you feel more comfortable.



If you would like, a Health Adviser can meet you when you arrive to explain things and stay with you during your appointment.



You will be seen in private during your appointment.

If someone has come with you, they will stay in the waiting room until we have talked to you for a while, then they can come in with you if you wish.

Or, if you prefer, you can have another member of staff with you.



The doctor or nurse might ask you to take your pants and trousers off. They might also ask to see private parts of your body – this is called an examination.

You have the right to say ‘Stop!’ at any time.



If you become upset at any time you can tell the staff and they will talk to you and explain what is happening.



If a member of staff is worried about you they will tell you and they might need to call someone else for help.

Some of the questions you might be asked at the sexual health clinic

Please don't be embarrassed, we are here to help you 😊

Why have you come to the sexual health clinic?

Do you have a problem with your private parts?

Do you have sex with anyone?

Tell us about the person you have sex with.
Are they your partner or boyfriend or girlfriend or husband or wife or someone else?

What kind of things do you do when you have sex?

Have you given this person permission to touch you or have sex with you?
Have you asked for their permission?

How do you make sure you or your partner, girlfriend or wife don't get pregnant or catch an infection?

Do you or your sexual partner drink alcohol or use any drugs?

If you have periods, when was your last period?

When did you last do a wee?

What happens after you've visited us?

We will let you know your results and will ask you how you would like us to do this.

If you need to take any medicines then we will give them to you and make sure you know exactly what to do.

If you need another appointment we will book this for you.

Other things I would like the sexual health clinic staff to know about me.

My questions