

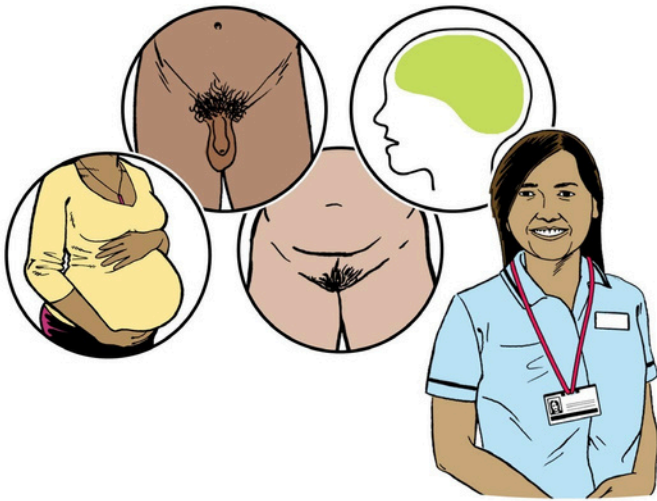
easy read

Young Hounslow Sexual Health

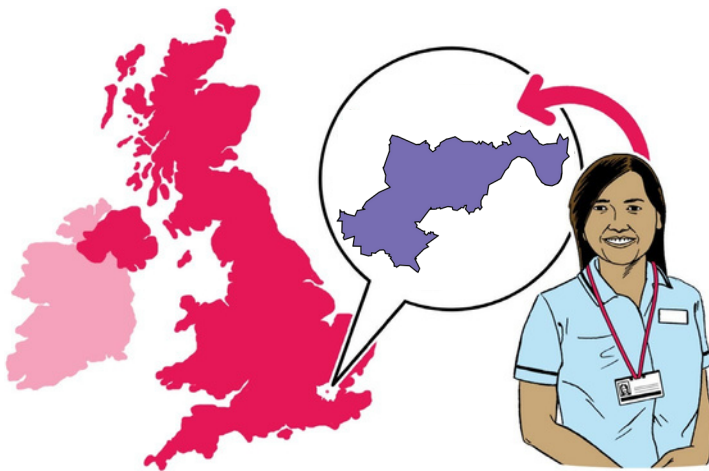
Information on sexual health for
young people with special
educational needs and disabilities



About Young Hounslow Sexual Health

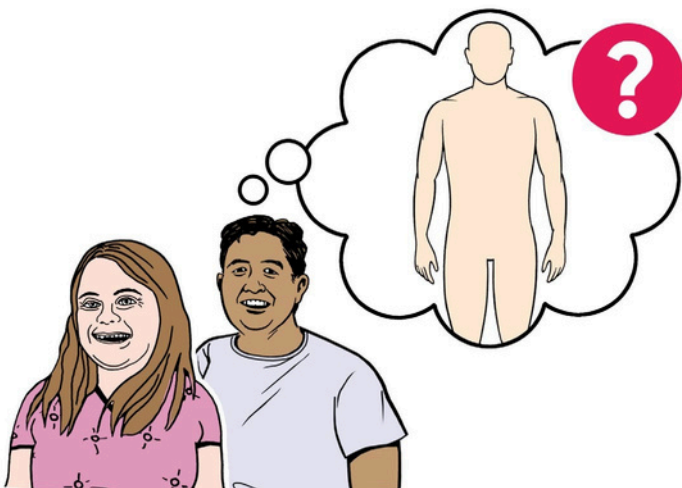


We are a free service that provides Relationships and Sex Education to young people.

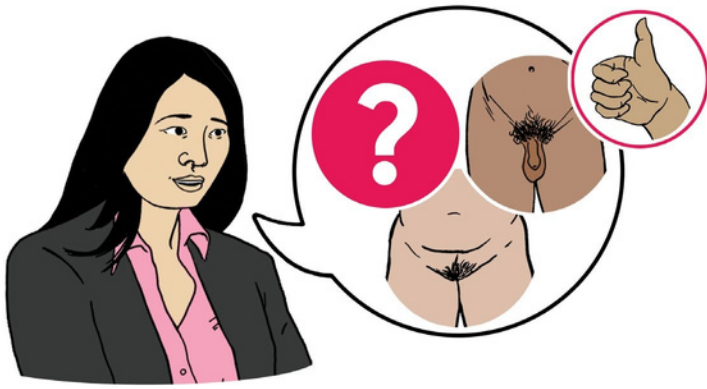


We provide this support in the London Borough of Hounslow for anyone aged 25 years old and under.

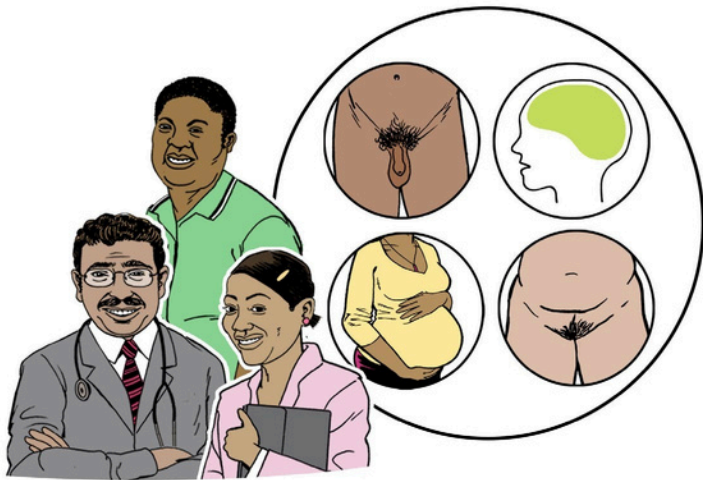
How do we help young people with learning disabilities?



Young people with special educational needs and disabilities can have lots of questions about their bodies and the changes happening to them.

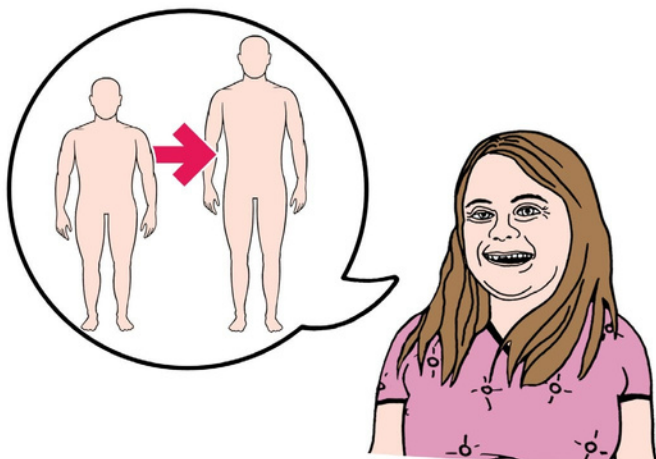


A Relationship and Sex Educator is a person who is trained to talk to you about your sexual health and relationships.



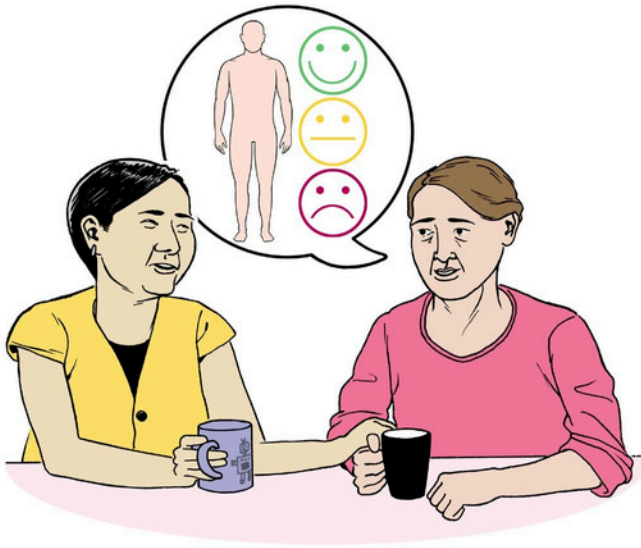
Young Hounslow Sexual Health staff can answer any questions that you might have.

We can offer support on:



Understanding your body

It is important to talk about how our bodies change and grow.



It is important to have support on how you feel about these changes.



How to behave in public and private

It is important to understand how to behave when you are in public or in private.



This is because behaving in the wrong way can cause problems.



Relationships

There are lots of different kinds of relationships you can have.

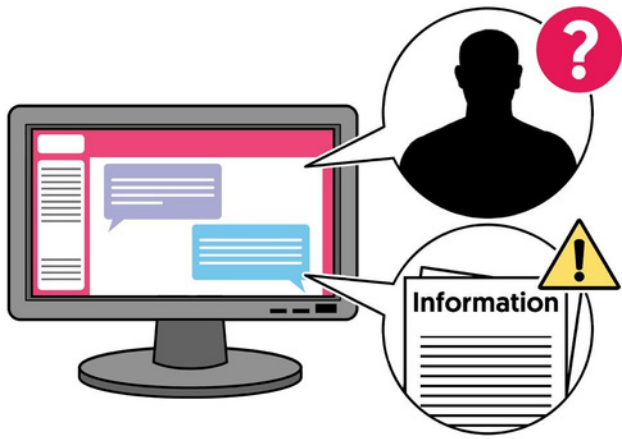


It is important to understand what a good relationship is.



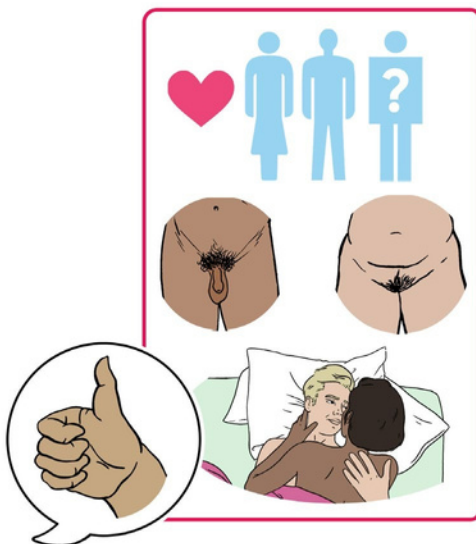
Social media

Lots of people like to use phones, computers and chat on the internet.

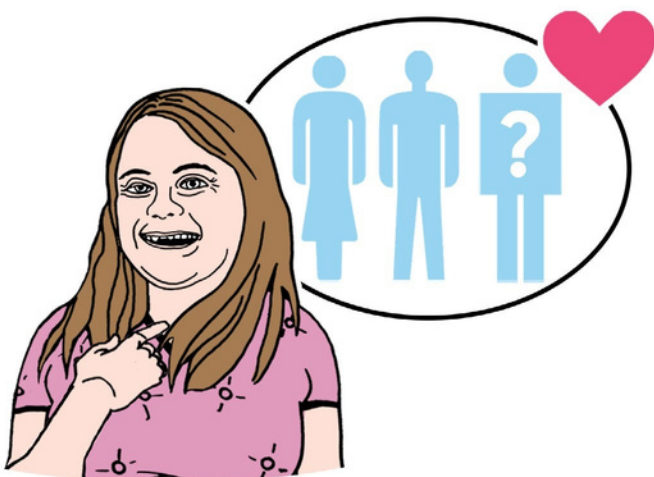


You should know who you are talking to and be careful who you give your information to.

Sexuality



We are here to help you talk about sex, sexual health, and sexuality.



Sexuality means who you are attracted to.

About the C-Card Scheme

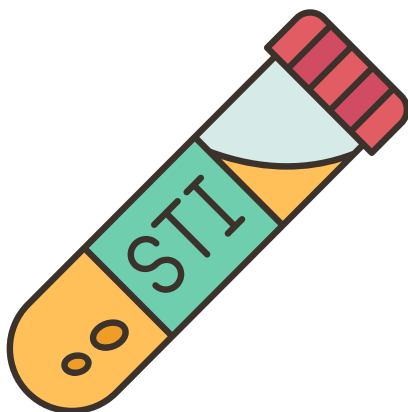


The C-Card scheme lets you access free condoms. You can get a card if you are 24 years and under.



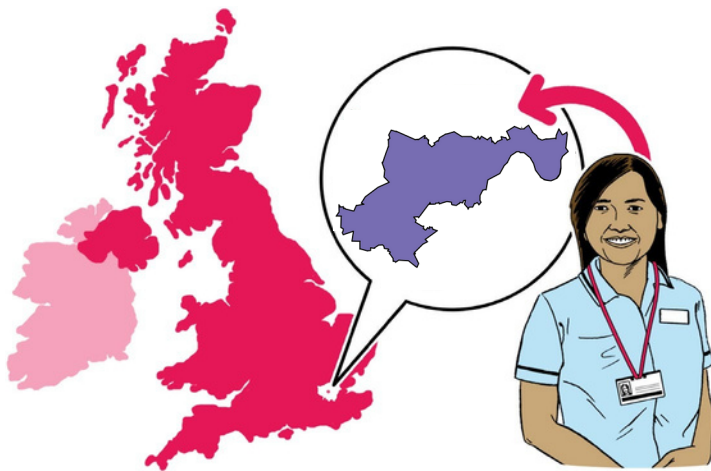
The card is available at all sexual health clinics in Hounslow. You can also get your card from us at Young Sexual Health Hounslow.

Chlamydia and Gonorrhoea testing

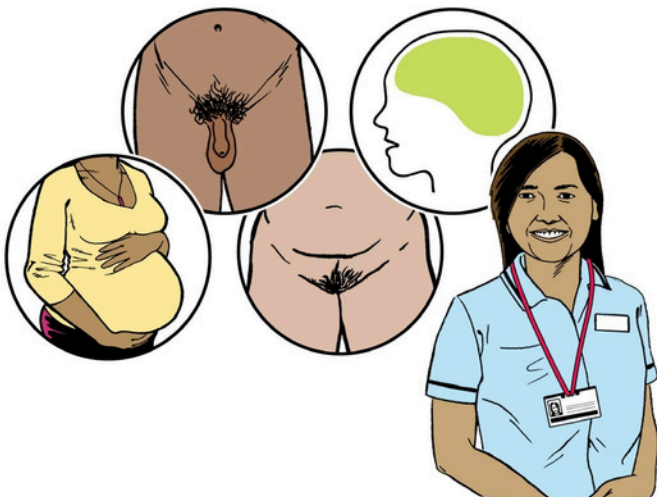


We offer free Chlamydia and Gonorrhoea testing. This is through SH24 who provide the testing kits.

Where else can you get sexual health support?

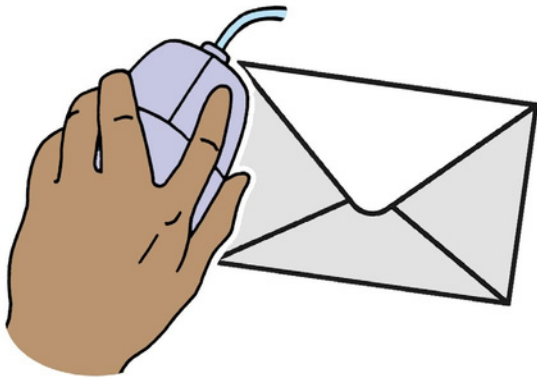


You can get sexual health support from Sexual Health Hounslow. They are sexual health clinics in Hounslow.



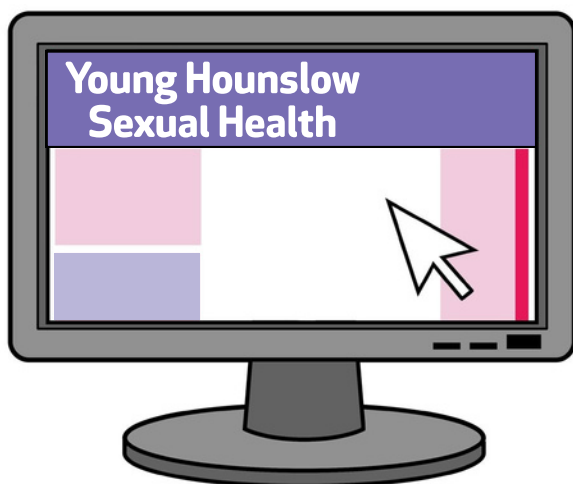
They can give a variety of sexual health support. This includes contraception, testing for sexually transmitted infections, treatment and support.

How to get in touch with Young Hounslow Sexual Health



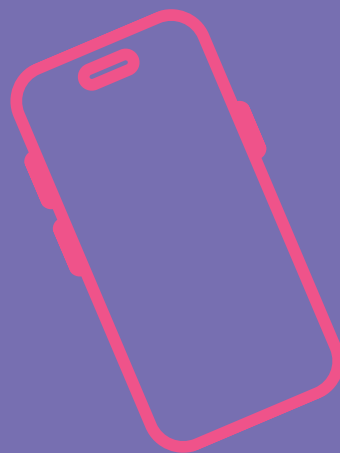
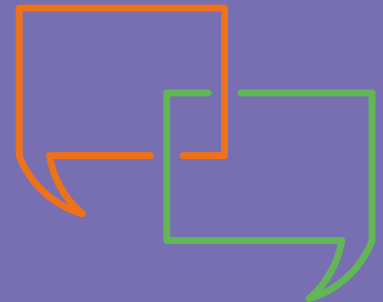
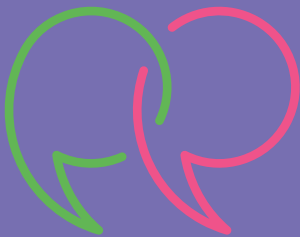
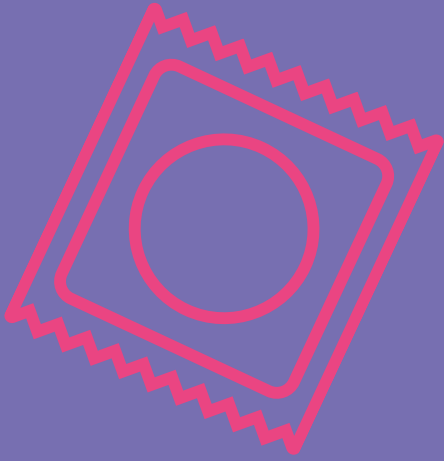
Email us at

younghounslowrse@turning-point.co.uk



Visit our website at

[www.turning-point.co.uk/
services/young-hounslow-sexual-
health](http://www.turning-point.co.uk/services/young-hounslow-sexual-health)



YH
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Young Hounslow
Sexual Health

